



Insurance Rates and Fees

Nutrition Counseling	Self-pay discounted rate, paid the day of service or pre-paid.	Billed to insurance, contracted rate with insurance, \$50-47/15 min unit. *	Rate billed to client after the appointment and/or if denied by insurance.
Initial Consult 70 minutes	\$165	\$250-\$200	\$185
Follow-up visits 55 minutes	\$115	\$188	\$135
Brief Follow-up 25 minutes	\$75	\$94	\$85
Initial Virtual Consult 55 minutes	\$145	\$200	\$165
Virtual Follow-ups 25 minutes	\$75	\$94	\$85
MRT/LEAP, Micronutrient testing			Contact for rates, different packages apply.

*If billed claim goes towards the deductible, client responsible for this insurance rate.